LAFAYETTE JUNIOR RIFLE CLUB SHARPSHOOTER

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WHAT/WHERE IS YOUR NATURAL POINT OF AIM?

Your natural point of aim in any shooting sport, in any position, is that place where your position is correct according to the rules of that sport, is comfortable and relaxed for you to hold the gun still, and where your sights remain on the target even when you close your eyes and relax briefly. Natural point of aim is important because if you do not find it, any good shots you make will be a matter of muscle effort and luck. More often, your gun will drift away from the target to your natural point of aim while you are pulling the trigger, putting your shot somewhere other than where you wanted it.

Not only is natural point of aim different with different guns with different sights, it is different for each person. When you first start working on a position or a new type of shooting (shotgun or pistol as opposed to rifle), have someone who is more experienced watch how you hold the gun and where you hold your head, neck, shoulders, back, arms, legs, feet. When your position is correct in terms of form, check that you are comfortable and not straining any muscles to stay in position and in balance. Now sight on your target, pause, close your eyes and when you re-open your eyes check your target. Are your sights still aligned with the target? If not, you have not found your natural point of aim. To adjust, move your whole body and check your sights again. Continue until your sights stay on the target while you close your eyes. This is your natural point of aim.

Once you have located your natural point of aim for this gun for this position, observe how your body is positioned and how you relate to the target. With a little practice, you should be able to return to your natural point of aim position easily in future practice or match sessions with the gun But remember, always check your natural point of aim before firing the first record shot. You cannot cal that shot back when you realize that you were not in position when you squeezed the trigger.

Notices

Juniors are selling **Lafayette Gun Club** large patches at \$12.00 for one patch or \$20.00 for two; small patches \$5.00 each. Also for sale: breech safety flags for \$2.00 each, Lafayette Lapel Pins at \$3.00 each. See Patty Harris.

The Junior Rifle and Shotgun Club

The Junior Rifle Club meets every Friday starting at 6:00 PM. This is a community service of LGC, and parents of interested young people ages 5 – 18 need not to be members of the club. A new shooter should be accompanied by a parent (Legal Guardian) the first time they attend and should plan to arrive before 6:00 PM that first time. The first evening is free. After that, Juniors contribute \$3.00 each time they attend. The Junior Shotgun Program meets on odd numbered Saturdays from 0800-1100. Shooters should already be Rifle Club members before joining shotgun group. The cost is also \$2.00 each time a shooter attends.

POINTS OF INTEREST

December

4, 18 Junior Shotgun Program – Shotgun range – **0800-1100**

18 High Power Match – 100 yd. Range – **0900-1200**

24, 31 Junior Program on Holiday Break

29 JORC Smallbore Rifle and Sport Pistol – Clubhouse Range – 0800-1600

January

8 JORC Air Rifle and Air Pistol – Gloucester Moose Family Center – 0800-1730

15, 29 Junior Shotgun Program – Shotgun range – **0800-1100**

15 High Power Match – 100 yd. Range – **0900-1200**

For more match information or to reserve a shooting position in a match, contact Patty Harris (898-6058), or Owen Peters for JORC Matches (804-920-2795, Owen.Peters @comcast.net)

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	AWARDS FOR	EXCELLENCE	IN SHOOTING
Pro-Marksman Gabrielle Palomo	<u>Marksman</u>	Marksman 1^s Brittany Mayna Madeleine God James White	rd Ana Lugo
Bar William Maynard – 1 Madeleine Godwin - 1 Melia Teixeira - 1 Mason Adamson - 3	I	<u>Expert</u>	Distinguished Expert Pending Jeremy Teller - Shotgun John Schuszler – 4P Smallbore
		JUNIOR RAFFLE	S
bull barrel and two	magazines. This pisto	II Competition Rimfire P ol is suitable for competi y Harris, or Karen Wilson	Pistol with a 6.88" stainless steel slab-sideo ition such as the Bullseye League. Tickets n for tickets.
Two Juniors comp		HIGH POWER MAT High Power Patch, with	
<u>Shooter</u> Tim Teller Jeremy Teller Tim was high scor	Class SFS M 94-1x MU 88-1x er in a field of 11, with	RFSRFP97-3x99-3x87-0x90-1xJeremy coming in 8th for	x 197-4x 487-11x
			s eorgia during Thanksgiving. Sarah Osborn e competition so we are very interested in
	JOR	C MATCHES SCH	EDULED
and early in Janua before, seven new	ry 2011. In addition to shooters will shoot in Maynard, Ana Lugo, Ja	several of our experience the smallbore match for	ve been scheduled for the end of Decemb ced juniors who have shot in these matcher experience: Madeleine Godwin, William ra, and Mathias Trogler. We are very
			nbers during the month of November: Bre n, Kamrick Brewer, Jessica Larson, Jacob